

The Western United States; Pat's Diary, 1985

Saturday 27th July ~~1985~~ 1985 ①
 Sp. To breakfast in our houses.
 I had some throat + felt very sick. Then to Hawthorne.
 via Leggett Bypass. Checked in + watched planes for
 roof of car park - Stephen left to take cars back home
 via HK. ^{left 12:50pm} good journey - enjoyed film - 'Mick's Manda'
 Arrived SF ~ 3:00pm (+8 hours) - long wait for
 immigration (2 hours) - hired car + after coffee - set off
 to SF - Golden Gate Bridge. Drove north on highway 1
 with windy hill road down other side + along cliffs +
 Sausalito Beach - a dump + the 3 witches were full!
 - back to US 101 + stayed expensively in Travel Hotel
 full - but it was comfortable + after a cheeseburger
 at 9:30 we were soon asleep! (troubled night but
 we did sleep until ~ 6:50 just by car) - ?
Sunday 28 American breakfast at Howard Johnson's
 back over Bridge - then we walked into the Middle
 foggy + cold but a great experience. Through Presidio
 where we stopped for a little rest + Pacific near
 Cliff house - walked along beach + paddled.
 Drove back along scenic route through Golden Gate
 Park, Chinatown, Telegraph Hill + Fisherman's Wharf

for a late fish lunch. Packed up hill to look at
 Lombard Street (crookedest street) Then drove
 to Berkeley + registered for conference.
 Reception at Staff Club with cheese + wine
 Took car back to Oakland airport - but because
 we were late it cost us 2 days! Travelled back
 by BART + walked up to residence - slept well
Monday 29 Conference.
 I went this afternoon on bus trips to SF +
 we visited Mission Dolores, Twin Peaks +
 the new Cathedral Reception this evening
 in Lawrence Science Hall
Tuesday 30th Sp. Conference all day
 (on + off!)
 Set off this evening for SF - met Wally Smith from
 Lehigh so we all went together to Chinatown for
 a meal - then had night up Conference to +
 cable car - wandered round Embarcadero Centre
 + into Hyatt Regency Hotel - further fantastic
 - some fountain - here later after
 enjoyable evening with

The Western United States; Pat's Diary, 1985

Wednesday 31st Conference this morning - good
 set of papers + interesting talks with people
 After office we called in a travel agent to get
 our train tickets but found that date was wrong -
 took some time to sort it out so we left healthy for
 lunch & to get ready for today's activities
 (Peter picked up tickets successfully after lunch)
 Ran to Muir Woods - Redwoods in a valley
 - we had 1 hr stroll along - went with Wally -
 very pleasant. On to a model of Bay Area
 - interesting then onto boat for evening dinner +
 cruise. Sat in middle with Wally, Bower's
 John Kieffer, Gordon Skinner & had a lovely evening
 kept looking out deck to see SF skyline between
 course of the very good meal. managed to
 squeeze in the last dance as we were docking
 - back ~ 11:0. The first sunshine we saw
 was today & this way it was all clear
 + a full moon as well!

Thursday 1st July Conference - some very good
 papers - others not so - - - Peter gave ours
 very well & it was well received.
 After the end of papers there was a farewell social
 with wine + cheese - Peter had to rush off to catch
 his bus (+ he missed it + so went by taxi, OARS
 was much cheaper!) + I went off for quick
 look round modern art gallery opposite here -
 back to Social - talked German to Marianne Roth
 - said goodbye to Wally & Jan Sutherland & various
 others. Did washing & had a quiet
 read from life now in our room. Walked off around
 the campus - had early
 Friday 2nd Peter to Albuquerque.
 I on trip to NASA Ames Research
 Lab - saw wind tunnel, got back to see models
 St. etc. - back blew with Prof. Farnell
 On to Stanford Univ to see Prof. Burschless app
 + Hansen. back on 5. with road
 Berkeley - Arrive by shuttle bus - had
 early - Peter back ~ 12.

The Western United States; Pat's Diary, 1985

Sat 3rd Walk round Berkeley & bought books
To Oakland Amtrak station for train to
Reno. - lovely day, watching scenery go by
Reno ~ 6.10

Reno Reno - dinner after walk and
train - cake & strawberries at Prof. Shin's house.

Sun 4th quickly garballed along for
Prof. Shin collector us - talked to his wife
& Pete & he went to lake to talk - until 2.15!

Look of surroundings & park at his house - quick
drive out in desert to Pyramid Lake -
back in train at 6. for overnight to Salt Lake City
enjoyable journey but we didn't sleep well
- met Sandy & had dinner with her.

Mon 5th Arrived 5.30 am
picked up car - had breakfast &
did shopping - then set out - stopped
for a sleep at Park City. Found some
sheds for lunch. To Strawberry Reservoir.

~ 35 miles I did roads (some very hairy!!)
went into Provo Valley

Very tired - But winter hotel in Price
Not well tonight!

Tues 6th short drive to Moab to explore
Arches National Park - I was feeling
unwell so we slept this afternoon. Better
so went to look at Windows area after
supper. - fantastic.

Wed 7th up at 6 am & away by 7
to walk (feeling better) started at end of
park ~ 7.45 & walk to double O arch - 2 miles
- some in shade which was a help. 2nd breakfast
at the arch ~ 9-9.30 On to Dark Angel & back
the took primitive loop into Fern Canyon - very
hot & not easy walking (slipping over pine & rock)
but most interesting & we managed - 3rd breakfast
then we could see the path - the back to car
~ 12.15 ~ 6 miles. & some v. hot!

Lofty hotel = Old Ranch House - back for
sleep & shower. tea in our room
drive along Colorado River & Canyon.

The Western United States; Pat's Diary, 1985

Thurs 8th ⑦
 left early again & drove south
 to Mesa Verde - coffee & ate carrots
 - arrived ~ 11 & found room at lodge
 Visited Visited Grotto & had lunch
 Took Trip to bar to Mesa Verde
 & down to view 2 ruins - one a guested house
 - back in bar to our room for sleep & tea
 Then on to Museum & off again to
 Park View to see sunset - cold!
 drive home & bed early.

Frid 9th ⑧
 in in valley until 7 am!!
 then off to join queue to visit Balcony House
 with its ladders & tunnels - impressive
 After coffee took Petroglyph trail into canyon &
 walk & back along rim - 3 miles & lovely.
 Late lunch back in room on balcony & sleep.
 Then visited Cliff House, Spruce Tree House & after
 dinner in Terrace cafe - some mesa top ruins til
 it was dark. - A lovely trip altogether!

Sat 10th ⑨
 left early
 Shopping & looking at 7 am!
 To 4 corners Monument
 Monument Valley very hot
 had lunch in shade then bought presents
 Drove wound scenic drive & took pictures
 On to Page & Glen Canyon Dam - visited
 round to see turbines etc.
 Went to lake to see if we could rent a boat
 Lakes - the only one was \$130/day + !!!
 Night in Page & Italian Restaurant for a meal.

Sun 11th
 Drove to Kanab for coffee & hot
 roll, then decided to visit Grand Canyon after all!
 Drove on to North Rim (first stop in Kanab Lodge)
 Drove to Bright Angel overlook. Picnic
 in the woods - went to look at path down, then
 on to Widforss Point walk - delightful 10 miles
 in 4 1/2 hrs. - Drove to look into canyon again
 at H. Imperial & back to lodge for dinner
 - saw turkeys! but missed sunset -
 we weren't prepared to miss our chance!

The Western United States; Pat's Diary, 1985

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Monday 12th Had short walk in the woods until we saw a Bull dog retriever hunting. I wanted some instant coffee. Knew again for coffee & sweet roll. Drive through Zion National park & Springfield outside & nice pit for lunch. Washing & shopping & sleeping. Because in the park canyon & walk to the Emerald Pools - met lady who had just seen a rattlesnake! arrived back at the car in darkness.

Tuesday 13th Walk up the Narrows - into the canyon while involved wading in & out of the swift flowing & back - waist deep Virgin River - we wore our boots, took sticks, felt bad swimmers & I my shorts - sooty was in plastic bags but we didn't fall in! Wanted to walk up Orderville Canyon but we didn't fancy wading across the hot pool & trying to climb out over the large boulders - so we had our lunch in the sun & waded back - not really a walk - rather an experience! but very tiring. Peter went for a swim

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I we both had lunch at the restaurant. Then back into the park late & short climb past weeping Rock towards Hidden Canyon - but it was getting dark - so we returned to our motel for the night.

Wednesday 14th Birthday. Peter made big breakfast. Set off through park again & stopped for short walk to Canyon Overlook. After we all later then on to Bryce Canyon. Found the hut room at the Red Pine Cliffs Motel & had lunch in the restaurant there. On to Escalante Pt. for a stop but we didn't so went to look at the view. Visited the Visitor Centre. Made a picnic & took it down the Navajo Trail - visited "Wall Street" (met Fina Doree - fairly the kids had met in Albuquerque) had picnic in the trail in the Queen's Garden. & back to Escalante Pt. - a beautiful walk. On to Garfield Pt. to see sunset (or rather the effect of sunset) & met Doree S. again for a short hour to look - "but!!"

The Western United States; Pat's Diary, 1985

(11)

Arrived to find our room assigned
 So we went back to office & were finally sorted out
 by Manager of Restaurant & he found us a small
 double for the night. - so all was well!

Thursday 15th Aug Did not get up too early - but
 looked in before we left for our room tonight!
 On the end of Park at Rainbow Pl. & walked down
 to Riggs Spring - encountered possible mountain lion tracks
 - certainly a very odd smell. Lunch & rest under the
 trees in some shade from the hot sun. The Spring
 was a disappointment as it was very flyie! apparently used
 by caribou with horses & some cattle.
 And so back - at 3.4 miles uphill! really
 hard work in the heat & we were pleased to make
 the ridge at Thompson Pass. but it was still uphill
 here. A good long but tiring walk in 8 miles
 & 16000! Back to motel for a sleep (the
 night room this time) Dinner in the
 Restaurant & back to look at the views from
 Bryce Pl.

(12)

Friday 16th To Salt Lake City.
 Up quite early & off - 7.30. to Beaver.
 - Saw Golden Eagle on post - not impressive
 Office & French house at Shalford then in north woods
 across the desert. Lunch north of Paces Junction.
 Ran out of petrol & few miles further on in the
 middle of the desert!!! Peter flagged down a
 pickup truck which just arrived & the man kindly
 explained our (god of petrol for us! - we were in
 our way again within 5 minutes & he wouldn't
 accept any payment - I hope he has a good
 story & all that jobless English travellers!
 Found new petrol & a 5 miles (still too far to
 walk in that heat) & it rained on our way
 again. But to look at great Salt Lake -
 tracing the base of the main road - so lots of
 road works & we couldn't get to the lake side.
 To Salt Lake City. Hardly motel near
 Station - parked. I was very tired after
 Temple Square & walk around - back
 to motel to arrange eating and rest

The Western United States; Pat's Diary, 1985

(13)
Sally Mangiafico who we had met two weeks
ago on the train. A lovely evening at her
house with husband Joe & a friend who
writes books. All in the garden, fresh air on
the deck, children, salad etc. Then ice cream
& tea - lots of talk & most enjoyable
life went to take our car back to Alamo
(top round airport as we missed the turning but
we didn't run out of petrol again). Then Sandy
& Joe took us back to the motel.

Saturday 17th Aug. Up early & time to
station to catch the train. It left 1 1/2 hrs
due to electrical troubles but a most
enjoyable journey even if we were both jet-lagged
& hot & gloomy & very tired. Lunch with
a lady from Detroit who runs a ~~tailor~~ tailoring
class. Arrived at Granby to find
station very busy & hot. But the bus to
Silver Creek was called & we were delayed to
the hotel soon. They had not recorded our
arrival (we phoned from Zion) so we had

(14)
one of the special rooms (\$88/night) for
the 1st night (vs \$39!!) It was gorgeous -
sitting room with log fire (which we didn't need)
microwave, stove etc & special staircase to
upper floor with king size bed.
Supper was a buffet (so much so you can eat for \$7)
& very good. Tried the jacuzzi in the
bathroom & slept v. well in the large bed.

Sunday 18th

Breakfast as usual in our room.
Then changed rooms to studio, but still king size bed
overlooking the pool - after coffee & Danish I
unpacked & sorted & Peter went swimming.
Branched by the pool which was very good
& we stayed there till the sun went in - then
went for a walk while it rained!! At 2.45
we took the Silver Creek bus & went up to
Snow Mountain Ranch where the conference is
(about 5 miles from SC but uphill)
Registration, had dinner, back to S.C. to
John's party, then put up pots & wash

The Western United States; Pat's Diary, 1985

(14) (15)

to opening reception - met Steve Wilson who helped with the poster. But we had to wait until 10.30 for a lift back to SC & we were very tired. Agnieszka brought a bag of food - but we ~~could~~ couldn't sleep as the hot water system keeps when it's not flowing (so we found when Peter investigated ~ 2am - it stopped & explained & asked for funds too!) Woke up early & heard hot water still hanging away - so we had had a very disturbed night. Monday 19th
off at 7.15 to Snow Mountain Ranch for breakfast & opening lecture of conference - then during poster session I went back to Silverbrook & changed our room yet again! I intended to leave but with high ceiling & at back & overlooking camp-site but QUIET! Back for group photo, packed lunch & rather rattly bus to Rocky Mountain Park & Trail Ridge Rd. Stopped to look at views (cold windy & some rain) Visitor Centre (walked up Tundra World

(16)

Path (some sun but still cold) at 12.00 & a final stop where the buses went on to turn round & here we left to see the birds & experience at first hand the hail storm - stones - (see dia) - but the buses were soon back. Dinner before more conference & a slide show of the Rockies - "Then & Now". Early trip back to SC - shower bath & good night's sleep.
Peter & Andy's poster was the morning & I believe it went well with several visits.
Tuesday 20th
conference, wrote poster post cards - lunch. Then trip in the van to Park & walk along Colorado river to Lute City - delightful walk but Lute City was a disappointment - hardly any remains of the gold rush town which existed for 7 years. A vigorous walk of 3.5 miles each way which took all of us much longer than the 2 hours we had - but we were

The Western United States; Pat's Diary, 1985

all back in time for dinner even if we
stopped to plot graph Osprey nest.
Peter walked with Steve Colson, hatching up
some work together.

Conference again this evening.

Wednesday - conference, posters - then
after lunch we both went back to SC
for a rest & a swim & jacuzzi in the
hot tub by the pool - a lovely relax.

(met a physical therapist across the street too)

Back to SMK to barbeque in shade in
grounds - good meal - Indian Dancers
& folk pair with songs & music for
dancing - an enjoyable evening.

Thursday Conference & Posters

Then some of us took bus up to White Park
& Mary Jane Lake area for barbeque
lunch & trip up on chair lift. An
enjoyable outing but less successful than last
- but back early to SC & so time for a
swim before dinner & more conference
& posters.

Friday Last Day

Up early to finish packing & put our
cases in van, pig feed & still to breakfast
by ~ 7:20!

Conference, posters & farewells.
Packed lunch on a coach at 12:15 for
Denver Airport. Despite worries we arrived
in time to check our baggage etc.
And plane was ^{1/2 hr} late due to bad weather
in St. Louis (had a dinner aboard though)

Ongoing plane for Gettysburg also late
but we were soon comfortably on our
way - another dinner & watched the
film 'A Soldier's Story' with late in
the night (even by our time)
- so it wasn't long til breakfast!

Lovely view of S.W. Fordland, Schull &
Dummarus Bay & Wides (Barry Birney
habitat, Terry, Seaton Bridge.
Gettysburg! W. Lake - a not fully
too bad!

The Western United States; Pat's Diary, 1985

Saturday 24th August 1985

19

Had to wait a long time for our luggage -
it was in the last lot off our plane

Took Gt West Ex. from Victoria - so
many people!! - Underground to
Euston - so many people!! & had
just missed train to Stoke!

Had lunch while we waited 2 hrs.

Train here was full but a easy
journey - This & Kate &
met Stephen & Karen who had
also just arrived - & sat shortly
after Mike

Light supper, bath, bed early &
lots of talk with boys
- great to see them again

Slept well